

FUN Fruit Facts

kid
healthy ideas™



Baby Banana

Over a thousand years old.



Pineapple

We were given our name because an explorer thought we looked like a pine cone.



Pomegranate

Known as the "Jewel of Winter."



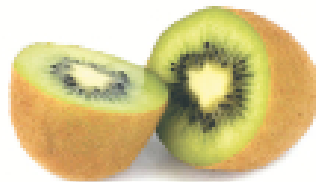
Avocado

We are a fruit, not a vegetable!



Clementine

Known as zipper oranges because of how easily they are to peel.



Kiwi

Used to be called the "Chinese Gooseberry."



Papaya

Christopher Columbus called it the "Fruit of the Angels."



Coconut

Contains milk.



Starfruit

Looks like a star.



Mango

Known as the "King of Fruits."



Passion Fruit

Egg shaped fruit with edible seeds inside.



Plantains

Member of the banana family.

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